

## WHY DO WE MOUNT FROM THE LEFT SIDE?

Have you ever noticed we mostly get on and off of our horses on the left side of their bodies? There's a very cool reason why!

We have been working with horses for thousands of years. In the middle ages, during the time of knights in shining armor, most warriors wore large swords on their side. If the knight was **right-handed**, they would keep their sword on their left hip. Since the swords were so large and bulky, the knights needed to be able to get on their horse without hitting them with their sword accidentally. That meant that most knights would get on their horse on the left side!





## DO JHTR HORSES KNOW HOW TO LET RIDERS MOUNT FROM THE RIGHT SIDE?

Yes! Sometimes at JHTR it's easier for participants to get on or off the horse from the right side. Our horses have learned to let us work on both of their sides so that everyone possible can ride! Some riders even get on their horse from the left, and off their horse from the right. Our horses also know how to stand still while people mount from our hydraulic lift! Currently, the horses who can use the hydraulic lift are Dakota and Charlie Brown.

