

HORSE & PARTICIPANT MATCHING GAME

DIRECTIONS: Match the participant with the JHTR horse you think they would be partnered with.

PARTICIPANT 1

Participant 1 is an 8-year-old boy who is afraid of horses. Has a really hard time stretching out his legs and is not very flexible. He has never ridden a horse before and will have two side walkers and a horse leader.

PARTICIPANT 2

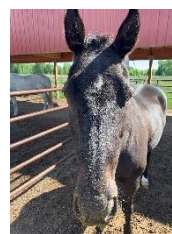
Participant 2 is a 15-year-old girl who loves horses and wants to make a connection with an animal. She has never ridden and has low muscle tone which weakens her core strength. She needs one side walker to assist with dismounting but stays balanced in the saddle.

PARTICIPANT 3

Participant 3 is a 45-year-old veteran. He rode as child on a ranch and is excited to get back on a horse. He is a below the elbow amputee and wants to focus on western riding disciplines.

TWO SOCKS

Two socks is an extremely affectionate horse who loves physical contact. He is great for all levels of riders. He does not have a lot of movement in his walk which conserves the rider's energy and he is responsive to instructions like walk on and whoa.



CAPTAIN

Captain is a jack of all trades; he can be ridden western or English and can direct rein or neck rein. He is well balanced and responsive and is our go to independent riding horse.



DAKOTA

Dakota is a very calm minded horse. He has a narrow frame and walks slow but has lots of movement in his hips. He respects personal space and does not react to a rider's nerves.



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ANSWER KEY

PARTICIPANT 1

Participant 1 is an 8-year-old boy who is afraid of horses. Has a really hard time stretching out his legs and is not very flexible. He has never ridden a horse before and will have two side walkers and a horse leader.

Dakota's narrow frame will suit a rider with limited flexibility in their hips and legs. This will be easier on this rider's body compared to a wide horse. His calm personality will not intimidate the rider on the ground and he will not respond to the rider's tension in the saddle from his fear. Something the instructor should keep in mind is Dakota's movement might rock the rider's body and this might be a scary sensation for the rider.

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PARTICIPANT 2

Participant 2 is a 15-year-old girl who loves horses and wants to make a connection with an animal. She has never ridden and has low muscle tone which weakens her core strength.

She needs one side walker to assist with dismounting but stays balanced in the saddle. **Two Sock's friendly personality and desire to bond with humans will be beneficial to this rider's social needs. His low amounts of movement will help the rider from getting tired too quickly with her low core strength. But, his responsiveness to cues can provide an opportunity to work her core in a controlled setting such as walk-on and halt transitions which are core engaging activities.**

CAPTAIN

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PARTICIPANT 3

Participant 3 is a 45-year-old veteran. He rode as child on a ranch and is excited to get back on a horse. He is a below the elbow amputee and wants to focus on western riding disciplines.

Captain knows how to neck rein and is patient for someone who has not ridden in a while, he is well balanced so he can account for a rider who might be off balance from overcompensating on one side of their body. This can occur when someone has an amputation and therefore affecting their balance.

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