

COMPARING HORSE & HUMAN VITAL SIGNS

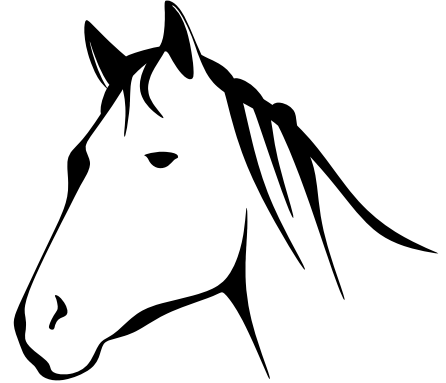
AVERAGE VITAL SIGNS FOR A HORSE:

TEMPERATURE: 99-101°F

HEART RATE: 30-40 beats per minute

RESPIRATION RATE: 8-20 breaths per minute

GUT SOUNDS: quite gurgling



AVERAGE VITAL SIGNS FOR A HUMAN:

TEMPERATURE: 98°F to 98.6°F

HEART RATE: 60-100 beats per minute

RESPIRATION RATE: 16-20 breaths per minute

GUT SOUNDS: gurgles or rumbles

HOW TO CHECK YOUR VITAL SIGNS:

TEMPERATURE: Use a thermometer or the back of your hand

HEART RATE: Place your pointer finger and middle finger on the inside of your wrist. Feel for your pulse and start counting the beats for one minute.

RESPIRATORY RATE: Counting every time you take a breath in for one minute.

GUT SOUNDS: Use a stethoscope or by having someone listen to your belly with their ear.

WHAT ARE YOUR VITAL SIGNS?

TEMPERATURE:

HEART RATE:

RESPIRATION RATE:

GUT SOUNDS: