





THANK YOU FROM THE BOARD

On behalf of Jackson Hole Therapeutic Riding, thank you for your continued support of our program, horses, and participants. Whether you have joined us at the arena to sidewalk, horse lead, or muck stalls; made a generous gift through Old Bill's Fun Run; brought a participant out for their weekly lesson; attended our annual fundraiser, Stomping the Divots; or contributed to our annual newsletters, you have played an instrumental role in our success.

Your generous giving throughout the year ensures that over 250 participants receive accessible, adaptable, and affordable services aimed at inspiring, enriching, and empowering their lives. This year we were excited to offer our inaugural "Strides Day Camp," furthering our ability to provide much needed services to the community. None of this would be possible without your continued support, and immense time and devotion put forth by our Board, staff, volunteers and exceptional horses.

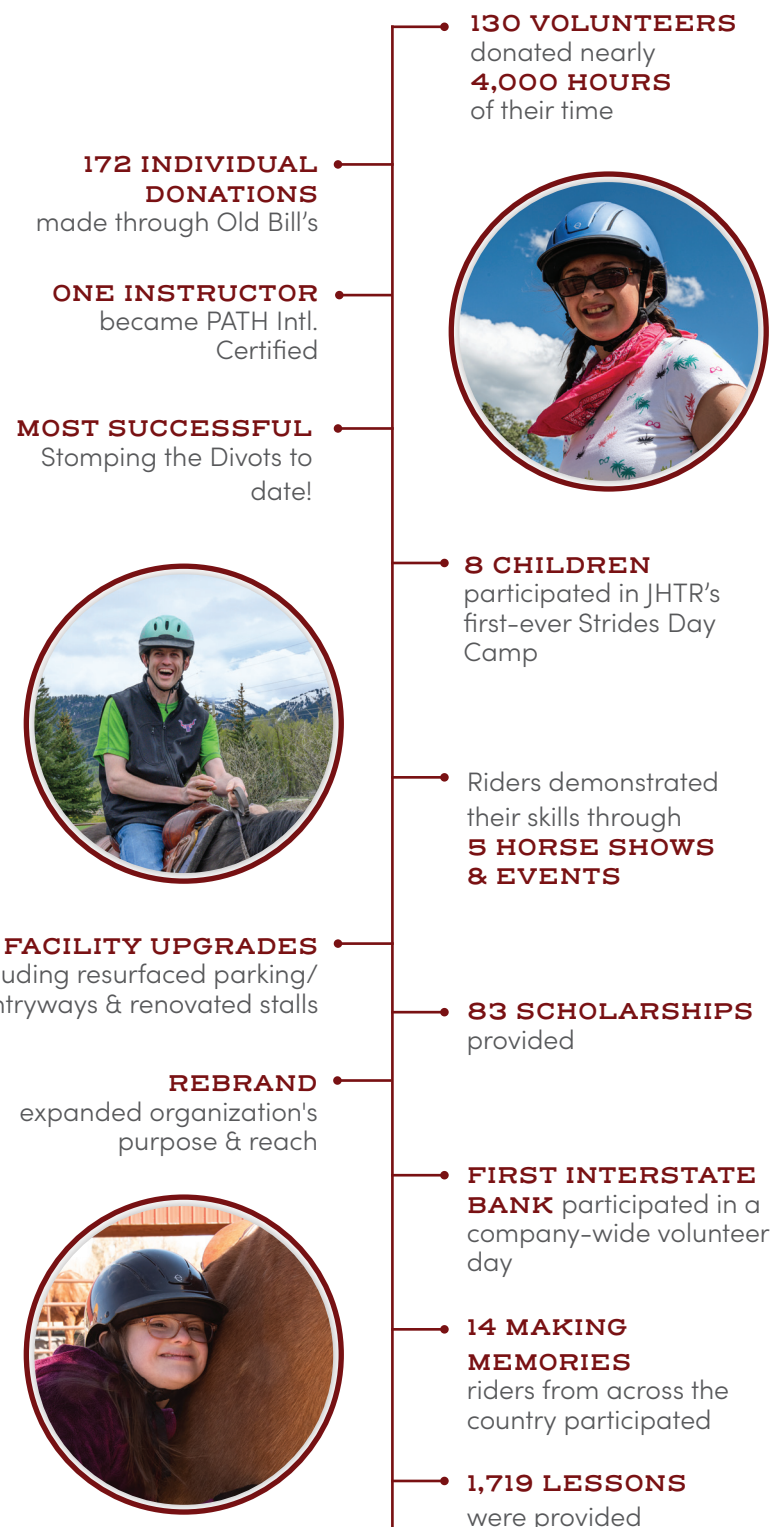
On behalf of our organization I would like to extend a heartfelt thank you. It's because of you our program continues to inspire and enrich the lives of our riders.

thank you

MAUREEN FLANAGAN
Board President

OUR YEAR AT A GLANCE

2019 marked another year of progress and achievement at Jackson Hole Therapeutic Riding. Transitioning into our second quarter century of operation, as an organization we focused heavily on accomplishing objectives set forth in our strategic plan. From facility improvements and augmenting staff, to expanding programing and successfully rebranding, JHTR laid the groundwork for a new era of empowering ability. We would like to extend a heartfelt thanks to each and every one of our volunteers, supporters, participants, and staff who continue to support us in our mission. Together we will continue to empower, inspire, and enrich lives through Equine Assisted Activities and Therapies.



EMPOWERING ABILITY WE ARE JACKSON HOLE THERAPEUTIC RIDING



Founded over 25 years ago, Jackson Hole Therapeutic Riding's original Mission was focused on serving the needs of individuals with disabilities. Throughout this time, JHTR's positive impact on participants has attracted a wider range of individuals seeking to be empowered by their abilities and thrive in their daily lives. Today, our clientele is much more diverse, serving a broader community that includes United States Military Veterans, individuals with disabilities, and those facing difficult life circumstances.

It is in the spirit of ensuring that we represent this broadened community that we have rebranded JHTR, including modifying our Mission, Vision and visual identity to more accurately reflect the organization's expanded purpose.

We are the same inclusive and compassionate organization you have come to know and still operate based on the same strong values put in place by our founders. Empowerment continues to be at the heart of everything we do.

We hope that you find the updated Mission, Vision and visual identity aligned to represent our evolving organization while holding true to the organization's initial values and intent.

This is the new Jackson Hole Therapeutic Riding—an inclusive community where every ability is embraced, all potentials are maximized, and together we thrive.

Mission: To empower, inspire, and enrich lives through Equine Assisted Activities and Therapies.

Vision: We envision an inclusive community in which every ability is embraced, all potentials are maximized, and together we thrive.

Who We Are:

We are an inclusive and compassionate organization. Empowerment is at the heart of everything we do. We believe that everyone deserves to reach their full potential and this belief guides our commitment to adaptable and accessible programs. Our team supports participants in their ongoing pursuit of confidence, strength, and independence.

“ We are the same inclusive and compassionate organization you have come to know and till operate based on the same strong values put in place by our founders. ”

What We Do:

Our dedicated team of instructors, volunteers, and therapists offers a variety of accessible and individualized Equine Assisted Activities and Therapies, each specifically designed to empower, inspire, and enrich. Through the powerful bond between horse and rider, we assist our participants in thriving in their daily lives.

Core Values:

People First
Excellence
Empowerment

Personal Growth
Stewardship

TORI FANCHER
Executive Director

JHTR VOLUNTEERS

INSPIRE & EMPOWER

My first season as Volunteer Coordinator was a mix of emotions—exciting, heartwarming, occasionally stressful, and most importantly rewarding beyond measure. I had the privilege of participating in several classes from week to week where I was able to see the smiles and progress made by our participants. It has been inspiring to witness their hard work and tenacity to reach their goals.

Equally rewarding has been the part of my job that affords me the opportunity to meet and become friends with our amazing volunteers. I am constantly inspired by the volunteers who take a break from work, parental duties, and even grandparent babysitting duties to ensure our participants have adequate volunteers to support their weekly lessons. Whether volunteering on a weekly basis, or serving as a substitute volunteer when their schedules permit, it is these individuals who selflessly give their time that make our work possible. And what better way to start or end your day than to positively impact someone’s life?

“Volunteers do not necessarily have the time; they just have the heart.”
– Elizabeth Andrew

I stumbled upon this quote and feel like it perfectly summarizes our team of volunteers. Daily, these compassionate individuals make me realize just how lucky we are to live in this remarkable



community where people care so much about others. We know there are endless ways to give back in our community, and we are incredibly appreciative that so many volunteers believe in our mission and see the great impact we have on the participants we serve. The gift of your time and energy is something very special and we are grateful you choose to share that gift with Jackson Hole Therapeutic Riding.

Thank you for constantly inspiring me and helping us to empower ability!

MARA KINGSCOTT
Volunteer Coodinator

VOLUNTEER highlights

2019 VOLUNTEER AWARD RECIPIENTS

Volunteer of the Year:
Tom Brewer

Rookie of the Year:
Beth McCoy

DeDe McDonald Award:
Cathy Ward

Robin Lightner Award:
Lauren Harris

Elaine Infanger Award:
Marge Glick

Sunny Dawn Petersen Award:
Heidi Leeds

Marti Anderson Award:
Colleen Murray

Unsung Hero Award:
Kristi & Brad Nielson

U
3,965
TOTAL HOURS DONATED

Ronai White Stomping the Divots:
Jasmine Scholes & Sophie Denny

Humanitarian Award:
First Interstate Bank

NICHOLE COX PASSES CERTIFICATION



Jackson Hole Therapeutic Riding is delighted to congratulate Nichole Cox on passing her Certified Therapeutic Riding Instructor Exam through the Professional Association of Therapeutic Horsemanship International (PATH Intl.)!

Founded in 1969, PATH Intl. is a global authority, resource and advocate for Equine Assisted Activities and Therapies (EAAT). As a credentialing organization, PATH Intl. is responsible for certifying instructors and accrediting centers according to a set of field-tested standards designed to ensure the highest levels of safety, ethics and effectiveness in the industry.

Instructors must attend workshops and pass both a written and practical exam to become certified to teach EAAT programs. This rigorous certification process requires months of preparation, including riding instruction, disability education, and EAAT applications and research. For 18 months, Nichole invested considerable time and energy into the certification process. Her efforts were guided by Program Director, Nealy Angell, and Equine Manager, Emily Stephens, whose expertise, insight, and mentorship helped shape Nichole into the incredible rider and instructor she is today.

Boasting a well-deserved certification, we look forward to watching Nichole continue to positively impact the lives of JHTR’s participants, helping them to maximize their potential through the power of the horse.

Congratulations, Nichole! All of us at JHTR are incredibly proud of your passion, hard work, and dedication!

EASELS & EQUINES STRIDES DAY CAMP

In the early morning hours of July 22, the sun not yet risen, the JHTR and Art Association of JH teams gathered at the arena. A big day lay ahead—the start of Strides Day Camp. It was a day months in the making, and the groups were eager to see their dream become a reality.

Hours later, with final preparations and morning chores completed, the barn doors opened for the arrival of campers. One by one, parents shuffled their young children in. Some hid behind their parents, nervous to join the group, while others ran anxiously in with only a casual wave goodbye to mom or dad. Layered in sunscreen, and equipped with water bottles and lunch boxes, the scene could have been from that of any summer camp. But this camp was different—it was designed specifically to provide children with disabilities a barrier-free summer camp experience.

Over the course of the three-day pilot program, fun group-based activities brought campers out of their shells. Children were exposed to a variety of art modalities and riding skills, with each day’s focus being something campers could apply to their daily lives: communication/behavior, caring for ourselves and others, and teamwork.

At the end of each day, smiles were wide and faces were bright with the remnants of popsicles. Shirts were dotted with washable paint and shoes were dirty. It was a summer camp as you would imagine any other—but it was one where children with disabilities could participate without hesitation. One where kids could simply be kids, and where parents could drop their child off with only a quick wave goodbye knowing their needs would be met without worry.

TORI FANCHER
Executive Director



2019 BRAD SWETT MEMORIAL RIDER OF THE YEAR KASSI KNUDSEN



Kassi has been riding with JHTR for 26 years. At the age of 3, she was extremely independent, walking to pet her horse, riding with little to no support, and enjoying the things that a typical child that age enjoys. Things began to slowly change when she was diagnosed with Cerebral Palsy. Over time she lost her ability to walk unassisted, feed herself, communicate verbally, and execute daily living skills. One of the biggest changes was the ability to ride her horse independently. Life had changed significantly for Kassi. Her balance, spasticity, and ability to facilitate basic riding skills were new faced challenges.

How would you face the world with these types of challenges? Let me tell you how Kassi faces the world. Never once has she

“ Reaching the goal is never the real goal. Facing challenges, overcoming them and realising your inner strengths while attempting a goal, is the true goal. – Manoj Arora

let these hurdles define who she is as a person. She comes into the JHTR arena and gives her larger-than-life hugs. She uses the hydraulic lift, which lifts her in the air and onto the horse, even though she is terrified of heights. She puts trust in her instructors, volunteers, and her horse to keep her safe. Once she is in the saddle, the hard work begins. She constantly pushes herself, whether executing a verbal cue, neck reining with adaptive reins, or maintaining a balanced centered seat. In each lesson it is evident that Kassi gives it her all with every task that is placed before her. Her “never give up” attitude and sheer tenacity never falter.

We learn just as much from Kassi as she learns from us. She teaches us to continually strive to be the best person we can be, even when faced with adversity. She empowers us to face our own trials and tribulations head-on with great courage and strength. She is a role model to us all.

NEALY ANGELL
Program Director

EQUINE BONDS SPARK TRUST

It is often said that life is harder for kids today than in previous generations. That statement proves true for many of our participants, especially those who are students at C-V Ranch Residential Treatment Facility. In addition to the expected struggles associated with growing up, C-V residents are facing added hardships due to a broad range of emotional, behavioral and intellectual disabilities. Additionally, many of these students

“ They are establishing a bond with their horse that encourages trust, empathy, and compassion. ”

have suffered severe abuse, trauma and neglect, resulting in added hurdles during these fundamental years in their lives.

C-V provides comprehensive and individualized academic, residential and psychological programming to meet the needs of all of their residents. For many of those residents, a part of this programming includes weekly adaptive riding lessons here at Jackson Hole Therapeutic Riding.

While riding skills are the foundational goal for our C-V participants, what they are gaining goes so much deeper than that. They are establishing a bond with their horse that encourages trust, empathy, and compassion. Through that

bond, as the weeks progress, we witness moments of increased self-worth and self-confidence. The relationship developed with their horse also encourages positive and trusting interactions with instructors and volunteers.

The smiles are proof to all witnesses that growth is being made. Ability is being empowered. And the lives of C-V youth are being positively impacted.

ADRIENE HENDERSON
Outreach Officer



CROSBY'S STORY

As a child, I mucked stalls at a therapeutic riding center my mother started on the east coast. In high school, I racked up hours of community service as a side walker for the same program. So Jackson Hole Therapeutic Riding was a natural fit when I landed here in 2004 looking for a place to get involved in my new community. I began as a volunteer and was asked to join the board. Nine years later, when we welcomed our son Crosby, I became a parent to a rider.

Crosby is 6 years old now and just finished his third summer riding with JHTR. His physical, cognitive and verbal development is still delayed

“ The magic I witnessed as a child, teenager and young adult is even more powerful as a mother. ”

because he has Down Syndrome but the staff and volunteers at the barn are dedicated to making him stronger and more independent, they're helping him find his voice while having fun.

When he began he was afraid of the horses. His creative team invited his big brothers Rory and Luke to join him in the arena. Seeing his brothers atop the horses having fun gave Crosby the comfort and confidence he needed to get started.

Today, he rides with two side walkers, a leader and an instructor. This summer, he enjoyed participating in the Teton County Fair Horse Show as well as the JHTR fundraiser, Stomping the Divots. He used full sentences while they played games that develop his gross and fine

motor skills. Now he is happy and proud when he rides.

The magic I witnessed as a child, teenager and young adult is even more powerful as a mother. Therapeutic riding has immeasurable value and benefit in the lives of the riders and their families. In a community known for its philanthropy, this organization stands out for its commitment to the hundreds of people it serves, the volunteers who share their strength and kindness as well as the staff who make a visit to the barn empowering and joyful.

EILEEN PRUGH
Parent / Advisory Committee Member





STOMPING THE DIVOTS

We would like to thank each and every person and organization who made Stomping the Divots a success. To our event sponsors, raffle donors, guests, participants, volunteers, Board of Directors, and staff-- thank you for your contributions of time, energy, and resources. Because of you, Stomping the Divots 2019 was the most successful fundraiser to date for JHTR, raising more than fifty percent of our annual operating budget.

A special thanks to Paul von Gontard, the Jackson Hole Polo Club, and the Melody Hereford Ranch for hosting the event for the 17th consecutive year! And to the Bank of Jackson Hole for serving as this year's Crown Sponsor.

We are forever grateful for your support!

thank you!

JHTR SUPPORTERS
Nicole & Andrew Sheehan



Paul Von Gontard &
the Melody Hereford Ranch



AUCTION/RAFFLE DONORS

Barker-Ewing Scenic Float Trips	Kismet Fine Rugs
Barker-Ewing Whitewater	Linen Alley
BJ Reed	Mangelson Photo Gallery
Blue Lion Restaurant	Massage Professionals of JH
Calico Bar & Restaurant	Mollie Wetzel @ Champu
Caroline & Christopher Whitman	Salon
Converse Roberts	Mountain Dandy
Crazy Horse	Mountain Modern Motel
Decoboards	New West Knife Works
Flat Creek Ranch	Nicole Gaitan
Flo McCall Photography	Pearls by Shari
Frost Salon	Penny Lane Cooperative
Grand Teton Distillery	Pica's Mexican Restaurant
Grand Teton Fly Fishing	Room
Hatch Taqueria & Tequilas	Sheila Beebe-Sanders
Hoback Sports	Skinny Skis
Hole Bowl	Snake River Sporting Club
Inversion Yoga	Snow King Mountain Resort
Jackson Hole Hideout	Summit Gardening LLC
Jackson Hole Mountain Resort	Susan & Joe Moore
Jackson Hole Mountain Sports	Teton Pines Golf Club
School	Teton Sports Club
Jackson Hole Sports	Teton Village Sports
Jackson Hole Vintage Adventures	The Wort Hotel
Jackson Whole Grocer	Trauner Fay Designs
Jessie Aufderheide	Trauner Fay Designs
JH Paragliding	Westbank Anglers
JH Children's Museum	Westbank Anglers
Judith Dragonette	Wyoming Outfitters

2019 HORSE SPONSORS

We would like to recognize the following individuals for serving as our 2019 Horse Sponsors. Through their generosity and support, these kindhearted sponsors keep our equine partners happy and healthy throughout the year, enabling them to continue enriching our participants' lives.

Beau: Leslye & David Hardie

Buckwheat: Annie & Lou Green

Captain: Jayne & Al Hilde

Charlie Brown: Kristi & Brad Nielson

Dakota: Christi & Alan Yannelli

Duke: Eileen & Greg Prugh, Jr.

Henry: Monica & Newton Hopkins

Josh: Dabney & Rob Jewel

2019 HORSE OF THE YEAR TWO SOCKS



Most everyone who steps onto the grounds of Jackson Hole Therapeutic Riding comments on our horses, whether they're a long-time volunteer or just passing through. They mention how beautiful our herd is and how well behaved they must be to serve our riders day after day. I always beam with pride to tell these people that they're absolutely right—JHTR wouldn't be able to function without these amazing equines. It is a gift and a privilege to work with and care for each of these animals on a daily basis. We are so thankful for our wonderful

“ A horse doesn't care how much you know until he knows how much you care. Put your hand on your horse and your heart in your hand. — Pat Parelli

horses who spend their days caring for our participants!

This season one horse has really shined. Two Socks was an easy choice for Horse of the Year because of his eager attitude and ability to make every rider who sits on his back feel comfortable. He enters every lesson with a happy expression and willingness to work. His sweet demeanor promotes confidence to riders who are transitioning to riding independently. Not only is Two Socks beautiful and in his prime, but he is a hardworking, integral member of our program.

Here at JHTR, we feel incredibly lucky we are to have a horse like Two Socks; we hope his willingness and kindness will continue to teach our riders here for many years to come.

EMILY STEPHENS
Equine Manager

Little Man: Heather & Blake Mycoskie

Rodger: Tina & Frank Zacco

Rosco: Dabney & Rob Jewel

Taco: Fran Biolchini

Texas: Jordan & Matt Chandler; Amy Staehr

Two Socks: Carly & Clayton Christopher

Naming Rights:

Toby Biolchini

Lennie Sorrenson & Dan Hogan

Melissa & Tim Kelly

Debra Phelon

Peta & Gary Roubin

Rhianna & Reggie White

THE POWER OF THE HORSE IN OCCUPATIONAL THERAPY



Why the horse? Why the horse for occupational therapy (OT)? It's not the typical OT setting where the child comes in and swings in a hammock swing for self-regulation, or sits on a therapy ball at the table to manipulate a puzzle, or the patient uses both hands to dress themselves while maintaining their balance. It's occupational therapy on a horse and in a barn setting, yet still working on all those same skill areas. In my 18 years of practice as an Occupational Therapist, it is hoofs down the most effective intervention I have used for the majority of my caseload. Things happen on and around a horse that I would never be able to replicate in a clinic setting (**for most of my clients, not all). Licensed occupational, physical and speech therapists have been using hippotherapy as a treatment tool since the 1970s. The term hippotherapy refers to how occupational therapy, physical therapy and speech-language pathology professionals use evidence-based practice and clinical reasoning in the purposeful manipulation of equine movement as a therapy

“Clients are motivated by their connection to the horse and it becomes fun; they are challenged by tasks that on the ground might seem daunting.”

tool to engage sensory, neuromotor and cognitive systems to promote functional outcomes (AHA, Inc. 2018).

Why do I choose the horse for a patient and not the typical clinical setting? A therapist may choose to incorporate hippotherapy as a treatment tool if it is an appropriate means for the patient to achieve positive functional outcomes. This decision is reflective of the therapist's profession, specialized training, clinical reasoning, and theoretical model of treatment (AHA, Inc. 2018). The horse provides a dynamic treatment surface in which the tempo, direction and impulsion of movement of the horse can be manipulated to address clients' needs. For example, a fast walk to an abrupt halt will elicit core strengthening responses, maneuvering around barrels while reaching for rings will encourage postural control and rotational movements needed for walking, getting into the hands and knees position will encourage motor planning and upper extremity strengthening. These are just a few examples of many. In my opinion, the horse is an unmatched tool for therapy for most. Clients are motivated by their connection to the horse and it becomes fun; they are challenged by tasks that on the ground might seem daunting.

JESSICA EASTMAN
Occupational Therapist

JHTRA STAFF YEAR-END 2019

Tori Fancher
Executive Director

Nealy Angell
Program Director

Adriene Henderson
Outreach Officer

Mara Kingscott
Volunteer Coordinator

Nichole Cox
Instructor

Jessica Eastman
Occupational Therapist

Samantha Melton
Instructor

Stacey Miller
Instructor

Emily Stephens
Equine Manager

Anna Voigt
*Occupational Therapist/
Instructor*

Christi Yannelli
Instructor

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CONSIDER THESE *ways to help*

1. **SPONSOR A PARTICIPANT:**
73% of riders depended on financial assistance to participate in our programs in 2019. With your help, we are able to keep our program fees at a reasonable cost for families, including full and partial scholarships to those who might not be able to participate without it.
2. **EMPLOYER MATCHING:** Your gift to JHTR could be matched dollar for dollar by your employer! Many employers sponsor matching gift programs and will match any charitable contributions or volunteer hours made by their employees, retirees and/or employees' spouses.
3. **“DONATE YOUR BIRTHDAY”:**
Facebook now gives users the option to create a fundraiser in benefit of their favorite nonprofit on their birthday, with friends donating in lieu of gifts.
4. **HOLIDAY SHOPPING:**
Make purchases through AmazonSmile.com and name Jackson Hole Therapeutic Riding your charity of choice and JHTR will get a percentage of every sale.
5. **LEAVE A LEGACY:**
Include JHTR in your estate planning. “A society grows great when old men plant trees whose shade they know they shall never sit in.” –Greek Proverb
6. **VOLUNTEER:**
Can't contribute financially? Volunteering your time is just as helpful to JHTR! Individual and group opportunities available.



Please consider a year-end gift

**Your contributions are vital to
our efforts in empowering ability.**

TO DONATE ONLINE OR TO LEARN MORE: jhtr.org

